

**Helena Hunter**  
**Myths & Metamorphosis**  
**Press**

Helena Hunter's *Myths and Metamorphosis* is an installation combining film, sound and photographs. The artist's starting point is Ovid's *Metamorphosis*, and her work is an enriching modern interpretation of these mythological tales, 'exploring how bodies are magically changed into other bodies'. We enter a dimly-lit black-curtained room; a beguiling low-key electronic soundtrack (composed/created by Mark Peter Wright) drones gently. The visual images are sensual and disturbing; beautiful yet grotesque-evoking Eros and Thanatos (the spirits of sexual love and death). Two walls of large monotone photos, and on the far wall a screen, playing two short films (created with acclaimed filmmaker Chiara Ambrosio). In one we see a vision of Hera, goddess of motherhood, whose milk spurts from her breast to form the Milky Way; in the other we encounter a mesmerizing Hypnos, god of sleep. Each film is enchanting, and engaging. **Total Theatre Magazine**